Dear Parents

Easter is the time when we are invited to share new visions and affirm life in all its fantastic possibilities. The difference that resurrection makes is that death is no longer the end of life. As Thomas Merton says, ‘Easter is like standing on the beach and looking east at sunrise. Sunrise is an event that calls forth solemn music in the very depth of human nature, as if one’s whole being had to attune itself to the cosmos and praise God for the new day, praise God in the name of all the creatures that ever were or ever will be... When the sun rises each one of us is summoned by the living and the dead to praise God. This is the day the Lord has made. Let us rejoice and be glad’

Happy Easter to you all!

Learning Journeys
You are all invited to accompany your child on a Learning Journey next Tuesday, 9 April. Classrooms will be open between 3:15pm and 6:00pm for you to visit with your child. You will be taken on a journey around the classroom to see the work that has been completed during Term 1. Visits to the library, Indonesian and Music rooms, as well as our Rosary Recollections Display will be part of the journey. I hope you are able to take advantage of this opportunity to share in your child’s life at school.

Car Park
Thank you to all the parents and carers who consistently abide by the safety rules we have in place for the car park at the back of the school. As you are aware, parallel parking is not available adjacent to the university grounds as this space is needed for vehicles to exit the parking area in a forward direction. However, a number of cars are now parking on the grass adjacent to the red curb. This is not permitted as:

- it is the route students take if they are walking to Phillip Ave or to after school training on the oval
- cars will cause damage to the curb and to the grass.

Thank you for your cooperation.

Before School Drop Off
I have noticed that some students are still arriving at school before 8.30am. Please be aware that the school staff do not have ‘duty of care’ before 8.30am, which is the time when a teacher comes on duty. If you do drop your children off before this time you need to remain with them. Please be aware that if you do drop your child off before morning duty time and leave them by themselves, you do so at your own risk. The same applies for students who walk or ride to school and arrive before 8:30am. Our school does have before school care which is available from 7:00am and I suggest that you use this service.

Kind regards

Maureen Doszpot
Principal
From Your AP

Dear Parents and Friends

As the registration panel continues to investigate practices, policies and procedures that we follow at Rosary, we as educators are also investigating our practices to ensure that your children are receiving the best possible education. One of the many ways that we will be able to do this is through the implementation of the National Professional Standards for Teachers.

The standards are grouped into three domains:

- Professional Knowledge
- Professional Practice
- Professional Engagement

Seven standards fall within these three domains. They are as follows:

1. Know students and how they learn
2. Know the content and how to teach it
3. Plan for and implement effective teaching and learning
4. Create and maintain supportive and safe learning
5. Assess, provide feedback and report on student learning
6. Engage in professional learning
7. Engage professionally with colleagues, parents/carers and the community

Each standard contains multiple focus areas. Combined together these standards ensure that our teaching profession maintains integrity and continues to strive for excellence. One part of our process for the implementation of these standards will involve teacher directed action and reflection. If you wish to understand more about the National Professional Standards for Teachers visit the link for detailed examples of exemplary practice.


Yours in the Dominican spirit of truth

Melinda Hall-O’Brien
Assistant Principal

Parenting Ideas
by Michael Grose

‘Helping Kids be brave’

Anxious kids, like worriers and sensitive types, benefit from a parenting style that is empathetic but at the same time empowers them to tackle their fears.

Okay, now for the helpful parenting practices for kids who are anxious. These include:

1. Skilling towards bravery. Help kids face their fears by skilling them, e.g. Look around for a friendly face when you go to scouts. You need to put on your coaching hat to build skills and self-confidence, which defeats anxiety.
2. Scaffolding towards bravery. Rather than avoidance allow kids to face their fears in stages, e.g. Let’s go to the party for an hour then I’ll pick you up. By breaking things down into smaller stages kids feel that they are more in control. Lack of control is behind a great deal of anxiousness in adults, as well as kids.
3. Be empathetic, not sympathetic. There is a difference. Empathy shows you understand how they feel; sympathy can be maudlin, leading you to pay excessive attention to the fear as well as letting them off the hook. Kids need a supportive adult who says, not necessarily in these words, “I know how you feel but I also know you can do this.”
4. Creating opportunities for independence. Competency is the enemy of anxiety. Building children’s self-help skills and their independence outside of the home has a snowball effect on how they feel about situations that they usually fear.
5. Model bravery. Okay, you knew I was going to mention this. But if you want kids to be brave then you go first. Your calmness, patience and willingness to methodically work your way through new situations will have a calming effect on kids. (Good leadership is basically about staying calm in stressful situations.) Modeling also shows them how fears of new and unknown social situations, and even specific fears such as going to the dentist, can be handled positively.

It’s worth noting that most kids grow out of their anxiety given attentive brave parenting. As a general parenting strategy I recommend that you take a strength-based approach (which is what I’m banging on about all the time) and focus on building children’s strengths and assets to help them overcome fears. At the same time recognise that some children may need extra assistance from time to time as a result of their anxiety.

Continued from last week
Project Compassion

Thank you to everyone who contributed so generously to project compassion. We raised $1245—Well done! Also, thank you to the Yr 6 students for their fund raising efforts which contributed over $300 towards our total.

Your generosity will work for the freedom of people living in poverty, challenge unjust structures, and empower people to work for a sustainable way of life. If you are wondering how you could continue to make a difference beyond Lent in the struggle against poverty, visit www.bemore.org.au and take up the challenge to BE More!

Holy Week Prayer Celebrations
Thank you to all of the parents who attended our Holy Week Prayer Celebrations over the last week, it was wonderful to see so many of you there. Also a very big well done to the students who participated with such reverence and respect and thank you to the teachers for their thoughtful and thorough preparation.

Reminder—The Yr 5 Grade Mass is on next Thursday (11th) at 10.00 in the ACU Chapel. All welcome.

Regards
John O’Brien

SAVE THE DATE

50th Anniversary Ball
10 August 2013
Thoroughbred Park

More details to follow!
Performance Assembly

At the performance assembly next week (Friday 12th April) Dancecore students will be presenting their work from their lunchtime Tuesday sessions.

We have also introduced a new element. Following the success of the ‘Rosary has talent’ show last year we decided to offer all students the opportunity to showcase their performance skills.

This term Year 5 and 6 students were invited to audition for the performance assembly. The auditions were judged by teachers and finalists are in the process of being selected.

There was an overwhelming level of interest and all children who auditioned deserve to be acknowledged for their willingness to perform their talents. Some of the acts that will be included involve callisthenics, ballet, hip hop dance, guitar, drumming and singing.

Please come and enjoy the performance assembly next Friday at 12:30pm in the school hall.

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Mother’s Day Stall
Week 2, Term 2
Friday 10th May 2013

The Mother’s Day Stall will be held on the second Friday of Term 2. Although it may seem early we have the holidays in between so we need to start organising gifts.

This is a whole school event and we are asking for the donations of small gifts. Suggestions are:

- Candles, soaps, body lotions, coffee cups, face washers, tea towels, handkerchiefs, artificial flowers, cards,
- homemade chocolate/biscuits and any small sellable items. We will have a team to beautifully gift wrap your donations. A bag shall be placed in your child’s class room for you to deposit your gifts, and collected by the parents who are organising this stall.

Many thanks
Mel Eveille
0414 354 017  apkcivic@yahoo.com.au

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ROSARY TWILIGHT FETE GET-TOGETHER

The first discussion about this year’s big fundraiser the Twilight Fete will be held Monday, 8 April at 7pm in the staff room.

Come along and join in the fun and meet other parents, put forward your ideas or even put your name down to coordinate/assist a stall on the day! Look forward to seeing you there.

Rosary Twilight Fete Committee

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For Your Diary

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time</th>
<th>Location</th>
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<tbody>
<tr>
<td>Tuesday 9 April</td>
<td>Learning Journeys</td>
<td>3.15-6.00</td>
<td>Class Rooms</td>
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<tr>
<td>Thursday 11 April</td>
<td>Year 5 Mass</td>
<td>10.00</td>
<td>ACU Chapel</td>
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<tr>
<td>Thursday 11 April</td>
<td>Gelato Day</td>
<td>Morning Session</td>
<td>Quadrangle</td>
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<tr>
<td>Friday 12 April</td>
<td>Performance Assembly</td>
<td>12.30</td>
<td>School Hall</td>
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<tr>
<td>Friday 12 April</td>
<td>End of Term 1</td>
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<tr>
<td>Monday 29 April</td>
<td>Start of Term 2</td>
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Clothing Pool open every Thursday 3.00 pm—3.30 pm
Canteen Roster

**Week 10 Term 1**

<table>
<thead>
<tr>
<th>Day</th>
<th>Responsibility</th>
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<tbody>
<tr>
<td>Monday</td>
<td>Closed</td>
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<tr>
<td>Tuesday</td>
<td>Help Needed</td>
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<tr>
<td>Wednesday</td>
<td>Help Needed</td>
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<tr>
<td>Thursday</td>
<td>Mara Hadlock and Sylvia Bui</td>
</tr>
<tr>
<td>Friday</td>
<td>Sam Silver 11-2, Marg Corcoran 11-1.30, Barbara Hade</td>
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*If you can help in the canteen, please call Kathy on 0409 462 512.*

On Thursday 28th March, the canteen had a very successful Sausage Sizzle. We would like to thank Urszula Bogdanski and Melinda Rogic for organising this event, Robert Bogdanski and Mladin Rogic for cooking the sausages, and their families for helping on the day. A very big Thank You for the generous donation by “Modern Electrical Technologies” and “Elucidate Accounting and Tax”.

We would also like to thank Mel and Chris Smith from “Baker’s Delight Dickson” for supporting this event and for their continuous support to the canteen.

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**Sports Corner**

**P.S.S.A  AFL**

Congratulations to Tom, Jonty, Flynn, Joel, Archer, Charlie and Jordan for being selected in the North Gungahlin AFL team. The boys will represent our region at the ACT Carnival. We wish the boys all the best for the carnival.

**North Gungahlin Swimming Carnival**

Rosary representatives swam at the North Gungahlin Swimming Carnival at the AIS last month. All swimmers gave their best and many achieved fast times. Congratulations to all participants.

Rosary Swimming Squad for the North Gungahlin carnival:
- Siena, Elise, Chole, Dia, Elizabeth Natalie, Hannah, Lily, Olivia
- Jessica, Sara, Eva Hannah, Madeleine Lanxuan, Kara, Jessica, Mark, Flynn, James, Lachlan, Flynn, Lachlan, Mitchell, Liam, William, Samuel,
- Archer, Nicholas, Connor, Aidan, Charlie, Kane, Thomas and Callum

Ribbon winners from the carnival –
- Mark
  - 1st – 11 Years 100m Backstroke
  - 1st – 11 Years 100m Breaststroke
  - 2nd – 11 Years 100m Butterfly
  - 2nd – 11 Years 50m Backstroke
  - 2nd – 11 Years 100m Freestyle
  - 2nd – 11 Years 200m IM
  - 3rd – 11 Years 50m Freestyle

- Elise
  - 3rd – 11 Years 100m Breaststroke

Congratulations to Mark and Chloe for being selected in the North Gungahlin swimming team which will compete at the ACT Swimming Championship on 7th May. We wish both athletes the very best of luck at the championship.

Mark Konik

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All articles for inclusion in *Veritas* should be at the School Office no later than 9:00 am Wednesday
Dear Parents,

Thursday 4 April, 2013

Change and loss are issues that affect all of us at some stage in our lives. At Rosary Primary School we recognise that when changes occur in families through death, separation, divorce or related circumstances, young people may benefit from learning how to manage these changes effectively. We are therefore offering a very successful education program called Seasons for Growth. This program is facilitated in small groups and is based on research that highlights the importance of social support and the need to practise new skills to cope effectively with change and loss. The program focuses on issues such as self esteem, managing feelings, problem-solving, decision-making, effective communication and support networks.

The Seasons for Growth Program runs for eight weeks and each weekly session is 40-50 minutes. The program concludes with a 'Celebration' session. Later in the year each group will have the opportunity to meet for two further sessions to build on their earlier learning.

Seasons for Growth will commence in Term 2 and will be facilitated by Beth Toole, Ann-Maree Smith and Liz Higgins who have received special training in the use of this program. If you think your son or daughter would benefit from Seasons for Growth we would encourage you to talk to him/her about this. Should he/she decide to participate please fill in the tear-off section below and return to the school by Friday 12 April, 2013.

Please contact any member of the Seasons for Growth Team if you would like further information about the program.

Rosary Primary School is pleased to be able to offer this important program and we are confident that it will be a valuable learning experience for those who request to be involved.

Beth Toole, Ann-Maree Smith and Liz Higgins

Seasons for Growth Team

IF YOU WOULD LIKE YOUR CHILD TO BE CONSIDERED FOR THE PROGRAM
PLEASE RETURN THIS SECTION TO THE FRONT OFFICE

I would like my son/daughter to be considered for the Seasons for Growth Program.
I have discussed this with him/her.

Child’s Name ________________________________________ Class __________________

Parent Signature ________________________________ Phone ____________________