31st January 2017

Dear Parents,

The 2017 Year 5 camp will be held at Jindabyne Sport and Recreation Centre. There will be four staff members attending.

**Camp Dates:** Wednesday 22nd February - Friday 24th February (Week 4, Term One)
**Cost:** $350

The cost for each child includes food, accommodation, coach hire and all activities. For your convenience the **camp fees have been billed to your school account**. If you have already paid your school account, you have already paid for camp. If you have not yet paid your school account, can you please **pay the camp component as soon as possible before camp**?

The purpose of the camp is to begin developing the leadership potential of our students through cooperative team skills activities, incorporating self-esteem, problem solving and physical challenges. Activities may include: canoeing, raft-building, archery, cookout, green machines, challenge ropes and initiatives.

Please read carefully the essential information and list of ‘participant requirements’ to pack.

Prior to the camp all students must complete an **online** Medical and Consent Form. The information that Sport and Recreation require about your child includes:

- medical conditions
- food related allergies
- special diets
- medication
- emergency contact details.

Sport and Recreation needs you to complete this form on behalf of your child. The form is available online and is easy to complete. Once you submit the form it is sent directly to the Centre so the staff can prepare for your child's visit. It is vital that you enter the following details to complete the online form:
- Booking Number **491925**
- Booking Start Date **22/02/2017**
- Booking Venue **Jindabyne Sport and Recreation Centre**

**Please complete the Medical and Consent Form at**
The attached Rosary Student Details and Consent form must be returned by all children to school by Monday 6/2/2017, as well as an asthma/anaphylaxis action plan (attached) if required for your child.

The CEO wishes to ensure that the parents/students understand the effect of the Jindabyne Risk waivers and releases so that they can make their own informed decision as to whether to allow each student to participate. To this end we must include the following:

'An external organisation involved in an activity (such as an event organizer or event host) may require you or your child to sign a document as a condition of participation. Such documents often contain provisions (such as a waiver, release or indemnity provisions) that remove or limit rights which your child or you may otherwise have had relating to any personal injury, damage or loss of any kind suffered, whether arising from negligence or otherwise.

We strongly recommend that you read and consider any such document carefully and take advice on the effect of such document and any insurance you should consider obtaining.'

Please do not hesitate to contact us at the school if you have any questions. If you have difficulty in meeting the costs of the School Camp please organise an appointment with Mrs Van der Sanden to make alternative arrangements.

Yours sincerely

Beth Clarke and Kath Watson
Year 5 Teachers
Participant Requirements

Sending this home early as families can start to think about what will be needed. It is important that everything your child brings is labelled. Everyone needs to bring:

- Sleeping bag
- Pillow case
- Sheet (fitted)
- Bath towel and toiletries (i.e.; toothbrush, hairbrush, roll-on deodorant, soap, lip balm etc)
- Pyjamas
- Underwear
- 2 Jumpers
- 1 pair of jeans or tracksuit
- 3 T-shirts (no singlet tops)
- 1 long sleeve t-shirt
- 3 pairs of shorts
- Suitable neat-casual clothes for evening activities (can get cool at night)
- Swimmers, wet shirt and beach towel
- Socks
- Shoes (2 pairs including one that can be wet and muddied) CROCS are NOT permitted at any time during the camp including the canoeing activity.

- Waterproof jacket
- Sun-Smart hat
- Water bottle
- Sunscreen
- Roll on insect repellent
- Plastic bags for dirty clothing
- Sunglasses (optional)
- Camera – (optional, ensure no phone cameras or iPods etc)

- Personal Medication in snap lock bag clearly labelled handed to teachers on the morning of departure

It is a directive from the camp that no torches, iPods or iPads (any personal electronic devices), lollies, thongs, singlet tops, mobile phones, jewellery, aerosol deodorants and insect sprays are allowed on camp.
Year 5 Excursion to Jindabyne Sport and Recreation Centre

Date: Wed 22nd February – Fri 24th February 2017

STUDENT DETAILS:

Name of Student: ____________________________

Date of Birth: ___/___/___                      Home Phone No: ________________________

Mother’s Name: _____________________________ Work Phone: ____________________________

Mobile: ______________________________________

Father’s Name: _____________________________ Work Phone: ____________________________

Mobile: ______________________________________

EMERGENCY CONTACT:

Name: ____________________________________ Phone: ______________________

Relationship: ______________________________ Medicare No: ________________

Private Health Insurance: __________________

STUDENT MEDICAL DETAILS:

Date of last Tetanus injection: ____________________________

If your child has asthma please complete the attached School Camp Asthma Management Plan.

Details:

1. Heart Problems YES / NO
2. Respiratory Problems YES / NO
3. Allergies YES / NO
4. Travel Sickness YES / NO
5. Blood Pressure YES / NO
6. Phobias YES / NO
7. Bed Wetting YES / NO
8. Operations YES / NO
9. Recent Illness YES / NO
10. Drugs Required YES / NO
11. Drugs Reactions (e.g. Penicillin Allergy) YES / NO
12. Other Information YES / NO
13. Ambulance Insurance YES / NO
14. Special Dietary Needs – please indicate ____________________________
15. If answer is YES to any of the above please detail additional information (e.g. Treatment plans, etc). ____________________________
WATER EXCURSION PERMISSION

This excursion involves water activities – Canoeing and Raft-building. Please complete the section below allowing your child to participate in the water activities.

I give permission for my child ______________________ of (class) __________ to participate in water activities during the Yr 5 Camp to Jindabyne Sport and Recreation Centre.

Please indicate your child’s swimming ability by signing the appropriate description.

My child is a:

- strong swimmer ______________________ (signature)
- average swimmer ______________________ (signature)
- poor swimmer ______________________ (signature)
- non-swimmer ______________________ (signature)

What distance can your child swim without a floatation device? ______ m

PARENTAL CONSENT:

As Parent/ Guardian of ______________________ I give my consent for him/her to participate in the Yr 5 excursion (Jindabyne Sport and Recreation Centre) and agree to delegate my authority to the staff and instructors involved. Such teachers and instructors may take appropriate disciplinary action they deem necessary to ensure the safety, well-being and successful conduct of the students as a group, or individually in the above mentioned activity.

I submit the attached medical information about the abovementioned student and include details of limitations, which he/she has for the activities concerned.

If I cannot be contacted to give approval for medical assistance I authorise the teachers and instructors to obtain medical assistance, which they deem necessary should an accident occur. If I am unable to be contacted to give approval, I further authorise qualified medical practitioners to administer anesthetic if such an eventuality arises. I agree to pay all medical expenses incurred on behalf of the abovementioned student.

I accept that my child is to behave in an appropriate manner and have explained this obligation to him/her. I agree that if my child seriously contravenes behavioural expectations he/she may be immediately excluded

Parent/Guardian Signature: ______________________ Date: __________

Contact Phone Number: ______________________