



Rosary Primary School

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Cross Country Carnival Friday 4th May 2018

15th March 2018

Dear Parents,

The Rosary Primary School Cross Country Carnival for 2018 will be held at Stromlo Forest Park purpose built running track. This year, students from Year 1 to Year 6 will participate in this carnival. The year 1 students will run in a 500m fun run.

We hope that this day will mirror the success of our Swimming Carnival, in that as many people as possible will feel welcome to join us in celebrating the improving fitness of all of our students. For the carnival to run smoothly, we need support from parents on the day, to assist with setting up the course, course direction, recording results and marshalling. If you are able to help, please fill in the offer of help section on the permission note attached. Permission slips to be returned to your child's class teacher by Monday 26th March 2018.

Date: **Friday 4th May (Term 2, Week 1)**
Time: **9:00 am – 1:00pm (lunch will be eaten at school)**
Transport: **Bus**
Cost: **Covered by the excursion levy**

Students will need to bring to the carnival:

- Morning tea (no canteen facilities at the track)
- A water bottle
- A towel or blanket to sit on
- Medication if required (e.g. asthma reliever)
- Hat and sunscreen
- Sports uniform. Students may wear a house coloured t-shirt
- Sports jacket/track pants if it is a cool day

It is expected that all students attend this day, as it is a normal school day. As part of the whole school's Physical Education Curriculum all students are being encouraged to slowly build up their personal fitness. All students are expected to participate in this event to the best of their ability. Your continuing support in speaking to your children about the need for a positive attitude towards physical fitness is invaluable.

Successful runners will be selected to compete in the North Gungahlin PSSA Cross Country Carnival on 30th May 2018. The PSSA distances are as follows:

- 7/8 Years – 1000 metres
- 9 Years – 1500 metres
- 10 Years – 2000 metres
- 11/12/13 Years – 3000 metres

The carnival will only be cancelled in the event of heavy rain. We look forward to another successful Cross Country Carnival. If you have any further questions, please do not hesitate to contact any member of the Cross Country Committee or your child's teacher.

Many thanks,

The Cross Country Carnival Committee



Cross Country Carnival

Friday 4th May 2018



Please return to your child's teacher by Monday 26th March 2018.

Permission

I give my permission for _____ in class _____ to attend the **Cross Country Carnival at Stromlo Forest Park purpose built running track** and travel by bus on Friday 4th May 2018.

CONSENT TO MEDICAL ATTENTION: *In the case of an emergency, I authorise the teacher in charge, where it is impracticable to communicate with me, to arrange for my child to receive such medical attention as may be deemed necessary. I also undertake to pay costs which may be incurred for medical attention, ambulance transport and medication while the child is on the excursion.*

Signed: _____ Date: _____

Teachers to keep



Teachers to pass on to the committee via the office bag

Offer to help

Every year we rely on the generosity of wonderful parents and grandparents to help run our carnivals. The Cross Country Carnival will not be able to proceed without volunteers.

Working with Vulnerable People

Since 8 November 2013, the **Working with Vulnerable People (Background Checking) Act** requires all people who wish to help at school (carnivals, excursions, in class etc.) to be registered. Please do not let this turn you off volunteering as school events cannot operate without parent support.

There is no cost for volunteers to apply. Forms can be picked up from the front office or can be downloaded via the Office of Regulatory Services website www.ors.act.gov.au. The application, along with relevant documentation, is to be submitted, in person, at an ACT Shopfront. This process may take a few weeks so **please allow enough time for your application to be processed prior to the carnival.**

Please complete if volunteering

I wish to be a volunteer at the Cross Country Carnival
(Please indicate on your eldest child's form only).

Please indicate

I hold a WWVP card and have already presented it to the front office

WWVP card number: _____ Expiry date: _____

Name: _____ Phone: _____

Please print